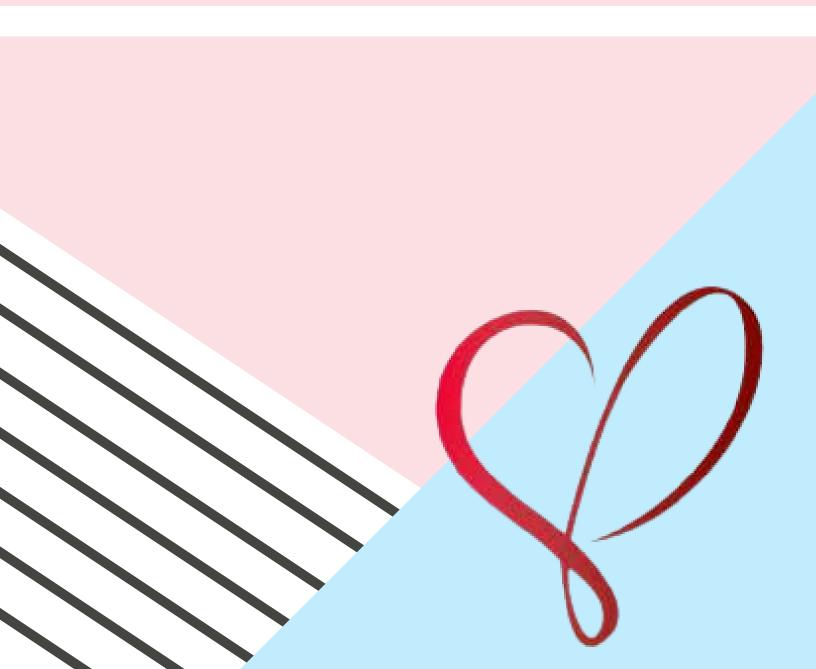
ANNUAL REPORT

ST JOHN'S COMMUNITY CARE

www.sjcc.org 618-344-5008 222 Goethe Ave Collinsville, Illinois 20 23



MESSAGE FROM THE EXECUTIVE DIRECTOR

As we close the chapter on my second year at St. John's Community Care, Kayla (Program Director) and I sat down to review some of the statistics for 2023. We were blown away at how much we have accomplished. Sometimes we get bogged down in the daily tasks and can feel like we aren't doing as much as we should to make a difference in the lives of the people we serve. As we reviewed these numbers and activities and therapies, we realized that it adds up to quite a bit! Our Adult Day Program offers Music, Art, and Pet Therapies. We bring in outside programming that adds to the quality of life of our participants. We have so many testimonies and quotes of appreciation from families who aren't sure how they would navigate this terrible disease without the support of St. Johns Community Care.

I would like to extend a huge thank you to all of the employees at St. John's Community Care. They are the heart and soul of this agency and we only exist because each one of them cares so deeply about what they do. I would also like to thank the Board for so patiently helping to navigate all the changes that come with a new Executive Director and her crazy ideas! The Board and the entire staff team spent 2023 developing a new Strategic Plan. The next three years will be very full tackling Governance, Staffing, Fundraising, and Programming initiatives that will position us for continued success in the ever-evolving and expanding world of older adult services.

Our primary goal is to ensure that Caregivers and their loved ones feel cared for and supported and that our services help reduce their burdens and improve quality of life. As you look through this report, I hope you will see the hope that this agency gives people in knowing that they are not walking this road alone.

Thank you to all of our funders and donors who see the value in the work we do and continue to support it.

In gratefulness, Christine Stewart Executive Director, St. John's Community Care



STATISTICS

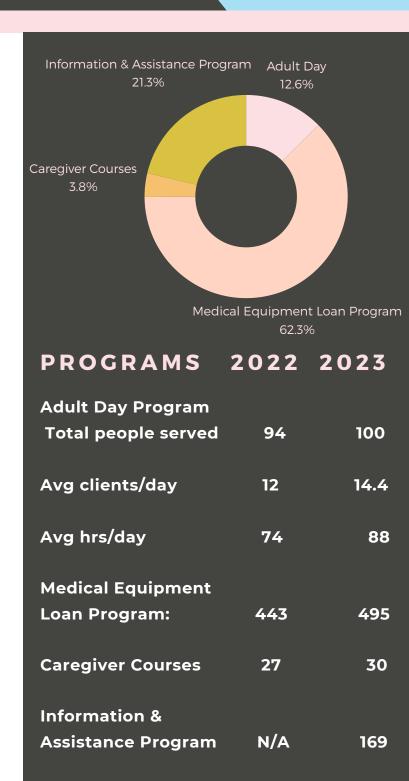
ST JOHN'S COMMUNITY CARE



SURVEY RESULTS:

Out of 68 Caregivers surveyed

- 75% felt ADP, courses, and support groups helped reduce their burdens, depression, stress, and feelings of overwhelm.
- 97% felt services increased their quality of life.
- 100% felt our services met their needs.
- 100% felt we provide quality services that meet their needs.
- 100% felt satisfied and extremely satisfied with our services.



INFO

ST JOHN'S COMMUNITY CARE



CACFP:

As a participant of the Child and Adult Care Food Program (a federal program of the U.S. Department of Agriculture, Food and Nutrition Services, St. John's Community Care is required to complete outreach to minority and/or grassroots organizations as part of the CACFP program's civil rights requirements.

Our organization recognizes that proper nutrition is the key component of a high-quality food program; therefore, participation in the CACFP provides our organization some financial assistance to offset food service costs. The CACFP program reimburses up to three meal/supplement services per day for each participant under the requirement that we meet the meal pattern and requirements set by the USDA/FNS. This includes, but is not limited to, the specific nutritional standards required for each meal/supplement that is served to each participant.

STAFF TRAINING:

Carrie Bartsch came down from Alberta, Canada to do two and a half days of Person-Centered Training with the Adult Day Program team. Staff enjoyed utilizing new tools to help them learn more about the individuals we serve and how to incorporate their unique needs and interest into the daily schedule.

2023 BOARD MEMBERS:

- Jim Achenbach President
- Kim Wimmerstedt Vice President
- Pam Waltermire Treasurer
- Melanie Whitworth Secretary
- Diane Disbrow
- Larry Wood
- Allen Glover
- Beth Dittman
- Matt Langley
- Debi Ralston
- Kelly Jefferson
- Megan Kocs

PROGRAMS & RESOURCES

ST JOHN'S COMMUNITY CARE



Adult Day Program: Licensed through the Illinois Department on Aging, our non-residential facility supports the health, nutritional, social, and daily living needs of adults in a professionally staffed group setting.

Medical Equipment. Loan Program:

Currently funded by The Deaconess Foundation, this program offers free long and short-term loans of medical equipment and therapeutic items including wheelchairs, walkers, canes, shower chairs, and other disability-related items

Adult Day Activities: Funded part of the year by Lutheran Foundation.

- ·Storytelling Program Janice Katambwa
- · Local Musician Joe Powell
- · St. Louis Harmonica Club
- · Music Makers
- · Tours And Interactions Learning Tree Preschoolers, Club Comfort (kids group) Holy Cross Lutheran School, Father McGivney Catholic High School
- · Cooking with Love

Therapies: Art Therapy, Music Therapy and Pet Therapy with Love on a Leash, and various community members and organizations,

- · Art Therapy funded by Madison County Mental Health Board
- · Music Therapy funded part of the year by Lutheran Foundation

Courses: Funded by AgeSmart.

- · Savvy Caregiver
- · StressBusting For Caregivers
- -Powerful Tools for Caregivers

Support Groups:

- Alzheimer's Not funded by, but certified through Alzheimer's Association
- Caregiver Support Group partially funded by AgeSmart
- · Coffee Talk Funded by AgeSmart
- · Memory Café Funded by AgeSmart



