

# **Care Connection**

## **Glossary**

## Common abbreviations and acronyms

<b>AAA</b>	Area Agency on Aging
<b>AARP</b>	American Association of Retired Persons
<b>ACT</b>	Agency for Community Transit
<b>ADA</b>	Americans with Disabilities Act
<b>ADL</b>	Activities of Daily Living
<b>ADRC</b>	Aging and Disability Resource Center Also stands for Alzheimer's Disease Research Center
<b>ADS</b>	Adult Day Services
<b>ALF</b>	Assisted Living Facility
<b>APS</b>	Adult Protective Services
<b>AT</b>	Assistive Technology
<b>ATS</b>	Assisted Transportation Service
<b>BEC</b>	Benefits Enrollment Center
<b>CCP</b>	Community Care Program
<b>CCU</b>	Case Coordination Unit
<b>CDSMP</b>	Chronic Disease Self-Management Program
<b>CM</b>	Case Management
<b>CMS</b>	Centers for Medicare and Medicaid Services
<b>DHS</b>	Department of Human Services
<b>DON</b>	Determination of Need
<b>DRS</b>	Division of Rehabilitation Services
<b>GRG</b>	Grandparents Raising Grandchildren
<b>HCBS</b>	Home and Community Based Services
<b>HDM</b>	Home Delivered Meals
<b>HHS</b>	US Department of Health and Human Services
<b>HIPAA</b>	Health Insurance Portability and Accountability Act
<b>I &amp; A</b>	Information & Assistance

<b>IADL</b>	Instrumental Activities of Daily Living
<b>IDOA</b>	Illinois Department on Aging
<b>LTC</b>	Long Term Care
<b>LTCO</b>	Long Term Care Ombudsman
<b>MCT</b>	Madison County Transit
<b>MOW</b>	Meals on Wheels
<b>NORC</b>	Naturally Occurring Retirement Community
<b>OAA</b>	Older Americans Act
<b>QMB</b>	Qualified Medicare Beneficiary
<b>RSVP</b>	Retired Senior Volunteer Program
<b>SHAP</b>	State Health Assistance Program
<b>SHIP</b>	Senior Health Insurance Program
<b>SIVNA</b>	Southwestern Illinois Visiting Nurses Association
<b>SLF</b>	Supportive Living Facility
<b>SMP</b>	Senior Medicare Patrol Project
<b>SSI</b>	Supplemental Security Income

## Definitions:

**(AAA) Area Agency on Aging:**

**(ADL) Activities of Daily Living:** The inability to perform one or more of the following six ADLs without personal assistance, stand-by assistance, supervision or cues: eating; dressing; grooming; bathing; toileting; and transferring in and out of bed/chair.

**(AAA) Area Agency on Aging:** An agency designated by the State Unit on Aging in a planning and service area to develop and administer an Area Plan (AP) for a comprehensive and coordinated service delivery system for older persons and their Caregivers. Activities include planning, advocacy, coordination, and the administration of resources for services.

**(ACT) Agency for Community Transit:** A division of Madison County Transit (MCT) which provides door-to-door transportation for seniors and disabled individuals on an appointment basis (para-transit service). Must apply and be deemed eligible. Drivers assist riders on and off vehicle and are trained to deal with disabilities. Busses have "Runabout" painted on side.

**(ADA) Americans with Disabilities Act:** Federal legislation which requires accommodations necessary for individuals with disabilities to access buildings, transportation, jobs, etc.

**(ADS) Adult Day Services:** Provision of personal care during the day for dependent adults in a supervised, protective, congregate setting. Care for individuals who need non-medical support or supervision and/or who benefit from socialization. Social model in IL focuses on activities and social interactions. Private pay or CCP.

**Assisted Living Facility:** Congregate living facilities for seniors in which residents have their own private apartments, generally with limited kitchenette (no stove); meals provided; assistance with activities of daily living (bathing, dressing, meals, toileting) available; medication reminders. Private Pay. In regular assisted living, residents are expected to manage their own time; menus and mealtimes are posted, but staff is not checking in on them.

**(APS) Adult Protective Services:** Program of activities required under Title VII of the OAA and under the laws of the State of Illinois to allow for reporting, substantiation, treatment, and prevention of Elder Abuse. Such abuse may be physical, financial, emotional, etc.

**Assisted Transportation Service:** St. Clair County version of ACT – door-to-door para-transit service for seniors and disabled adults.

**Caregiver Resource Centers:** Local organizations who provide Information and Assistance to Caregivers of older persons.

**(CCU) Case Coordination Unit:** An agency jointly designated by the Illinois Department on Aging and the Agency to perform case management services for the Community Care Program and also functions under Title III of the OAA.

**(CM) Case Management:** Process of evaluating a person's needs and then coordinating multiple client services for frail, home restricted clients. Managing an individual client through a process of assessment, planning, procurement, delivery and monitoring of services, and follow-up contacts.

**(CMS) Centers for Medicare and Medicaid Services:** Administers the Medicare program . Medicare is the nation's healthcare program for persons 65 and older. Medicaid is the nation's health care program for the poor of all ages, administered by state governments and partially funded by the federal government under the Social Security Act.

**(CCP) Community Care Program:** A state funded program providing in-home services including Homemaker, Adult Day Services (ADS) and Senior Companions to persons in need.

**Congregate Meals:** Meals provided to seniors at subsidized cost through Area Agency on Aging with Older Americans Act funding; at Collinsville Senior Center in our community.

**Continuum of Care:** COCs have independent, assisted (some also have supportive) and skilled all on site. Eden Village, Meridian Village and Faith Countryside are all Continuum of Care. The through being that a person can start out in independent and move through all levels within the same location, although they do not have to. They can chose one place for independent and a different for assisted or skilled care.

**(DON) Determination of Need:** A standardized needs assessment instrument Case Managers (CM) use to evaluate the applicants need for Title III and CCP services. As of July, 1996, all potential nursing home admissions must undergo a screening prior to placement. This program is called Choices for Care.

**(DHS) Department of Human Services:** Illinois created DHS in 1997, to provide our state's residents with streamlined access to integrated services, especially those who are striving to move from welfare to work and economic independence, and others who face multiple challenges to self-sufficiency.

**Division of Rehabilitation Services:** IL program which provides services to disabled individuals under age 60. Is part of Dept. of Human Services

**Extra Help:** Federal Program assisting low income persons with Medicare D costs. Also called Low Income Subsidy.

**(HCBS) Home and Community Based Services:** Services provided to individuals living in the community (as opposed to residents of nursing homes, assisted living facilities, etc.) Also referred to as Home Services Non-medical care provided to individuals in their homes. May include meal preparation, shopping, housework, laundry, personal care (bathing, toileting), and/or supervision of individuals with cognitive impairments. Licensed by IL Dept. of Public Health. Generally private pay; occasionally long-term care insurance.

**(HDM) Home Delivered Meals:** Title III-C2 service providing a meal delivered to frail elders' homes. Accepted branded term: Meals on Wheels.

**Home Health Care:** Nursing, physical or occupational therapy provided on a limited basis by a Medicare-certified agency; must be ordered by a physician.

**Home Services:** Non-medical care provided to individuals in their homes. May include meal preparation, shopping, housework, laundry, personal care (bathing, toileting), and/or supervision of individuals with cognitive impairments. Licensed by IL Dept. of Public Health. Generally private pay; occasionally long-term care insurance. Also referred to as home and community based services

**Independent Living Facility:** Congregate living facilities for seniors in which residents have their own private apartments, generally with kitchen, but can take advantage of congregate meals, weekly cleaning, and some laundry. Private Pay. Independent living is also used for someone living in a single family dwelling

**(IDoA) Illinois Department on Aging:** A state cabinet level department which has the responsibility to plan and administer OAA programs and other programs serving older persons in the State of Illinois.

**(I&A) Information & Assistance:** The service is required of Community Focal Points. A service that provides older persons and their Caregivers with information about available services, links them to resources and services and includes follow-up activities to assure receipt of information and/or services. Branded term: Answers on Aging.

**In-Home Services:** Services provided in the home to assist older persons to remain in their homes as long as possible, i.e., chore services, home health, home delivered meals, etc.

**(IADL) Instrumental Activities of Daily Living:** The inability to perform one or more of the following nine IADLs without personal assistance, or stand-by assistance: supervision or cues; preparing meals; getting to places outside of the home; shopping for personal items; managing money; using telephone; routine housework; being alone; laundry; following routine medical directions; and following special medical directions.

**(LIS) Low Income Subsidy:** helps pay for some of Part 'D' prescription drug plan costs, including Part 'D' plan premiums, deductibles and copayment. Also called Extra Help.

**(LTC) Long Term Care:** Services provided to older persons to help them remain as independent as possible. Services range from those delivered in the community (congregate meals, transportation, ADS), to services in the home (homemaker, home health, home delivered meals, CM, and respite) to those delivered in a more institutional setting (sheltered care and assisted living). LTC is also used to refer to older persons who reside in any skilled nursing facility, board and care facility and any other adult care home.

**(MOW) Meals on Wheels:** Accepted branded term for home delivered meals.

**Medicaid:** Federal/state program which pays for medical care for low-income individuals; can cover some low-income seniors in combination with Medicare.

**Medicare:** Federal program which pays for medical care for individuals 65+

**(MCT) Madison County Transit:** Available throughout Madison County to all residents; equipped with wheelchair lifts; operates on fixed routes; operates ACT buses

**Memory Care:** Memory care is a distinct form of long-term care designed to meet the specific needs of a person with Alzheimer's disease, dementia or other types of memory problems. memory care is specialized skilled nursing distinct from assisted living. Memory care is designed to provide a safe, structured environment with set routines to lower stress for people with Alzheimer's or dementia. Employees provide meals and help residents with personal care tasks, just like the staff at an assisted living facility. But they are also specially trained to deal with the unique issues that often arise as a result of dementia or Alzheimer's. They check in with residents more frequently and provide extra structure and support to help them navigate their day.

**(OAA) Older Americans Act:** The Older Americans Act of 1965, as amended Federal legislation directed to improving the lives of America's older population. Provides a structure and funds for the delivery of supportive, nutrition, health promotion and family caregiver services. Legislation passed in 1965 and amended in 2000, to provide services to persons 60 and older through specific titles of funding.

**Ombudsman:** Federally mandated program under the OAA. Designated to protect the rights of residents in licensed care facilities (i.e., nursing homes, sheltered care facilities).

**(RSVP) Retired Senior Volunteer Program:** The purpose of the RSVP is to promote volunteer opportunities for older persons in community settings.

**Senior Apartments:** Apartments limited to individuals over a certain age (generally 55 or 60). May or may not be subsidized rent (Section 8)

**Senior Transportation:** See Madison County Transit, ACT, ATS, Collinsville Senior Shuttle, and Assisted Transportation

**(SHAP) Senior Health Assistance Program:** Provides information and free help filling out applications for the discounted license plate fees and seniors and person with disabilities free bus passes.

**(SHIP) Senior Health Insurance Program:** The Senior Health Insurance Program (SHIP) is a **FREE** statewide health insurance counseling service for Medicare beneficiaries and their caregivers. SHIP is sponsored by the Illinois Division of Insurance.

**(SIVNA) Southwestern Illinois Visiting Nurses Association:** The Case Coordination Unit for the counties of Band, Clinton, Madison, Monroe, Randolph ,St. Clair and Washington in Illinois.

**Skilled Care:** Encompassing both healthcare and rehabilitative services, skilled care can include things like nursing, physical therapy, occupational therapy, and speech therapy. This type of patient management, observation, and/or evaluation is typically administered by licensed practical nurses (LPNs) and licensed vocational nurses (LVNs)—not usually by registered nurses (RNs).

A step up from basic skilled care is skilled nursing care, which is provided by registered nurses. These nurses give hands-on care in many cases—performing tasks such as administering IV drugs or giving shots.

Sometimes referred to as nursing homes, skilled healthcare centers employ LPNs, LVNs, and RNs. There are also licensed home healthcare providers who deliver these types of healthcare and rehabilitative care in seniors' homes.

**Supportive Living Facility:** Assisted Living Facility in Illinois in which eligible residents' living expenses can be covered by Medicaid.