

Karen - Home Service Client

It's been about 11 years now that I have been struggling with health issues. I was a social worker at Touchette for 10 years. I helped hundreds of people find resources to help with their care needs. So, it seems a little ironic that I am the one in need of the services today. I am glad I had a background to be able to navigate some of the information and know what I can apply for when needed.

My only family lives in other towns and all of them have their own lives to deal with. My close family is all deceased.

I rely on my faith, my good neighbors and St. John's. I appreciate their company the most. Just talking about the day's events gives me great pleasure. My Caregivers from St. John's do my grocery shopping for me and help me prepare some of my meals. I really like to bake and sometimes we mix up some of my favorite banana nut bread recipe and make the house smell good! They also help me with some light housekeeping and laundry. I have an enlarged heart and use oxygen, so it really limits me.

I have a little Yorkie pup – named Love and **she is my love!** She knows that when the St. John's Caregivers or any of my friends or neighbors stop by that she gets a little extra attention. I am happy my Caregivers like her so much and can help me when they are here. They even take her for a walk and I know Love needs that. They are good people who are willing to do even the little things to make my life better.

When I am feeling good, I like to make jewelry and crafts. I have a project that I am working on now that involves mosaic tiles. When it's finished I will have a beautiful new outdoor table adorned with colorful tiles to enjoy. I can't wait to finish it and be able to sit around it and enjoy a cup of coffee and some banana bread with friends.

I want to thank St. John's for the services they provide for individuals like me- it's so important. I want to also pray for everyone in this church service, the St. John's workers because they have hard tasks – I also pray that the St. John's Caregivers continue to be patient and loving and the lord will reward each of them one day!

